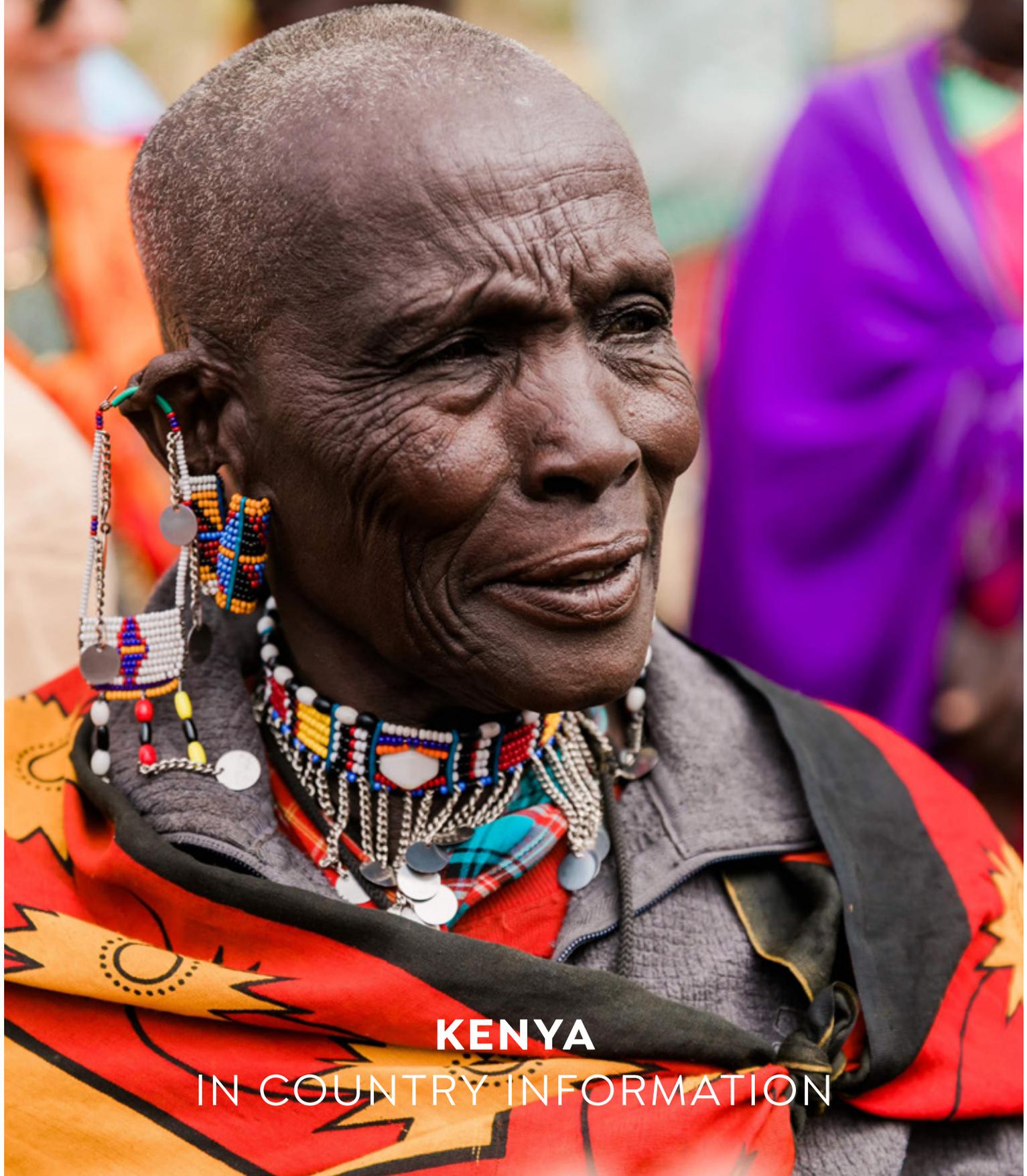


COTTAR'S

SAFARIS

EST. 1919



KENYA

IN COUNTRY INFORMATION



GEOGRAPHY

Kenya lies on the equator and shares common borders with Tanzania and Uganda, which make up the region of 'East Africa'. Its location allows for access to Kenya's beautiful beaches and the Indian Ocean, Kenya's wild plains and mountain ranges and its enchanting rift valley. Kenya is roughly the size of Texas or Spain.

PEOPLE

There are 52 tribes in Kenya each with their own tribal language though most people in the country speak Kiswahili as well as their own tribal language. English is the commercial language; therefore, it is commonly spoken in the major towns and at all lodges and hotels.

CLIMATE

Kenya is on the equator therefore we do not have major seasons. The climate is very pleasant and variations in altitude and terrain can create contrasts. Generally, in the Highlands the climate is cool and temperate; elsewhere the temperatures can reach approximately 35°C during the day. The coast is quite humid and balmy. Over most of the country there are two rainy seasons:

- The "short rains" which occur from late October through November
- The "long rains" which occur from late March to early June
- It is perfectly possible to visit Kenya during the rainy season, few roads are affected, the park is fresh and green and there are fewer people and vehicles. Rain usually falls in the late afternoon preceded by bright, sunny and fresh days
- July and August are the coolest months and are often overcast especially in the morning
- December-Mid March is the warmest time of the year

PASSPORT/VISA

All tourists entering Kenya must have a tourist visa, which can either be obtained through the Kenya High Commission or via the e-visa portal on www.ecitizen.go.ke. The e-visa process will soon become compulsory. For more information on different types of visas see the website of the Kenya High Commission. Visitors are advised to register their application well in advance of travel, as approvals may take up to seven days to process. Your passport should be valid for a minimum period of 6 months from the date of entry into Kenya. Make sure you have two blank pages in your passport on arrival.

HEALTH PRECAUTIONS

Kenya is considered a generally healthy place to travel. Cottar's Safari Service clients are required to become members of the Flying Doctors Rescue Service for emergency evacuation. Cottar's will apply for your membership on your behalf, but you should always carry your own complete holiday/medical insurance as Flying Doctors insurance covers only emergency evacuation from your location to a private hospital in Nairobi.

When traveling to any part of the world, it is advisable to know your blood type in case of an emergency. Please consult with your local health authority for up to date recommendations and regulations regarding inoculations. It is healthy to remember that in Kenya, we do have good medical facilities and a good hospital, all of which are private. In case of emergency, the following three hospitals are recommended for urgent treatment:

- Nairobi Hospital: +254 (0)70 308 2000
- Karen Hospital: +254 (020) 661 3000
- Aga Khan Hospital: +254 (020) 366 2000
- M.P. Shah Hospital: +254 (020) 429 1000

Vaccination Requirements for International Travellers:

We recommend you consult with your GP or a specialist travel health clinic prior to your trip for advice on travel medicine and vaccinations.

- No yellow fever vaccination certificates are required of all travellers from the East African Community Partner States, Europe, Asia, North America, Australia, North and South Africa. - Only valid yellow fever vaccination certificates are required of all travellers over one year old, arriving from yellow fever infected countries mainly in central and West Africa, South and Central America, South East Asia, India, Nepal Sri Lanka, Bangladesh. Vaccinations for international travellers are obtainable from all international air and seaports.
- No cholera vaccination certificates are required of travellers coming from all over the world. In case of epidemic, oral vaccines are available that give protection for 6 months.
- Vaccines Recommended - Hepatitis A, Hepatitis B, Typhoid Fever (Typhim Vi i.m. by Aventis Pasteur)
- Meningitis - Not recommended unless there is evidence of an epidemic.
- Malaria protection is imperative depending on your location in Kenya. Malaria is more common in the warmer places in Kenya, places where the temperatures are colder than 15 0 C at night. Malaria cannot be transmitted and therefore there is no need for anti-malarial. Cottar's 1920's's Camp and Private Bush Villa are located in a non-malarial area. Warmer places like the Coast are high-risk areas for getting Malaria. However, we recommend that guests take anti-malarial medication if staying on the Kenyan coast.
- Malerone is the best (Larium can have bad side effects).
- It is your responsibility to investigate full details of all health requirements including Yellow Fever which can be obtained from an authorised medical source such as your doctor or your nearest Immunisation Centre. Entry requirements are constantly changing, and Cottar's will advise where possible but will not be ultimately responsible.

DOMESTIC FLIGHTS

Please note when travelling on scheduled domestic flights, your baggage allowance will be limited to 15kg per person, including hand luggage, which must be in a soft collapsible bag.

Kenya Internal Flights: Please note that the internal flight times are estimated and subject to change without notice. We will do our utmost to advise you of any time changes prior to departure. Flights can also be subject to multiple pickup and drop off stops. This will depend on the passengers who are on board and where they are staying.

FOOD & WATER

Although tap water can be reasonably safe, whenever possible, we recommend you drink bottled water: this is available in all lodges and camps. Meals include full English breakfast and /or continental breakfast with fresh local fruits either where you are staying or in the bush, lunches are either buffet or picnic lunches, and dinners are generally table d'hôte. Please advise Cottar's Safari Service of any allergies, likes or dislikes before you embark on your holiday.

PHOTOGRAPHY

Visitors should respect the attitude of the local people towards photography and only use cameras if they have permission by “the models” to do so. Never try to “steal” a photo against the will of the person concerned. Let your guide help negotiate terms before you start shooting. It is a good rule never to take photographs of border posts, persons in uniform, and of course military installations.

INSURANCE

Comprehensive medical insurance is mandatory for safari participation. There is no national welfare scheme and visitors to Kenya are responsible for their own medical expenses. It is very important to find out BEFORE YOU LEAVE whether your medical insurance will cover you overseas. We require that clients be covered by the Flying Doctors’ Service. All clients are requested to leave a copy of their travel insurance with us at our briefing, along with copies of their airline tickets and passports.

MONEY AND EXCHANGE

The monetary unit is the Kenyan Shilling. Most of the hotels, lodges and shops in Kenya will take major credit cards and ATMs are widely available in Nairobi and the main towns. Reverting your Kenyan shillings into hard currency is easily done at the airport, hotels and banks. As there is no longer “exchange control” the rate of exchange varies between banks, foreign exchange bureau and hotels. It is recommended that visitors do not change money on the black markets, as they are more likely to receive a lower rate of exchange or fake notes. It is illegal to destroy Kenyan Currency.

CURRENCY INFORMATION

Kenyan Shilling (KES; symbol KSh) = 100 cents. Notes are in denominations of KSh1000, 500, 200, 100 and 50. Coins are in denominations of KSh 40, 20, 10, 5 and 1.

CREDIT CARDS

MasterCard and Visa are widely accepted in Kenya; American Express and Diners Club less so. Major hotels now also accept payment by credit card, as do major safari companies, travel agencies and restaurants.

ATMS

Almost every bank now has an ATM, and they are widely available at petrol stations in cities and large towns.

BANKING HOURS

Mon–Fri 0900–1500, Sat 0900–1100. Banks in Mombasa and the coastal areas open and close half an hour earlier.

CURRENCY RESTRICTION

There are no restrictions on the import or export of local or foreign currency. However, amounts exceeding US\$5,000 or equivalent must be declared.

CURRENCY EXCHANGE

Currency can be exchanged at the major banks, bureaux de change or authorised hotels. The banks at Jomo Kenyatta International Airport and Moi International Airport have 24-hour exchange services. The easiest currencies to exchange are US Dollars, Pounds Sterling and Euros.

HOW TO HANDLE MONEY SAFELY

Do not flash large amounts of money when paying a bill. Make sure your credit card is returned to you after each transaction. Deal only with authorized agents when you exchange money, buy airline tickets or purchase souvenirs. Do not change money on the black market. If your possessions are lost or stolen, report the loss immediately to the local police. Keep a copy of the police report for insurance claims and as an explanation of what happened. After reporting missing items to the police, report the loss or theft of Credit cards to the issuing company or Airline tickets to the airline or travel agent or Passport to your nearest embassy or consulate.

VOLTAGE

Voltage is 220-240 A.C, most of the safari vehicles have a cigarette lighter socket operation on a 12- Volt system. Please bring sufficient batteries for photographic equipment, many lodges have limited power supply, but all are capable of recharging your electrical goods for you. Please also bring adapter plugs (square pin, English Standard).

SAFETY

The Situation in Kenya: The Kenyan Government has responded to a recent handful of cases of Somali incursions and kidnappings in extremely remote areas near the Somalia border (about 1000 kilometers from where we have you on safari) by sending their military into southern Somalia. This has caused some embassies to post travel advisories advising visitors to Kenya to take extra precaution if visiting public places such as shopping malls as there is a possibility of a retaliatory threat by Al-Shabab. The Mara and other tourist destinations are safe for visitors; any facilities you are staying in have their own security, including government security officers present in and around camp at all times. Our Mara camp operates an undercover operation within the surrounding community and in towns up to 50Kms out. Please keep abreast of your countries security advisories.

COMMUNICATIONS

All Camps and lodges have radio communication with Nairobi. Most lodges do have a mobile signal (Orange, Safaricom or Airtel) in the lodge or nearby (under tree or on a hill) which can be weak, so please do not always rely on it. Most lodges and hotels also have limited and very slow Internet access in case of emergencies.

LUGGAGE

Please ensure that baggage is packed in soft bags and should weigh no more than 15 Kg per person (and in some cases 10kg). It is possible to store luggage not required during safari either at your hotel if you are returning there after your trip or with us at our offices. Most lodges have laundry facilities. Please see our recommended packing list.

RECOMMENDED READING LIST

- West with the Night – Beryl Markham
- Wildlife of East Africa – Martin B. Withers and David Hosking The Safari Companion – Richard Estes
- Eyewitness Guide Kenya – Phili Briggs
- Kenya and Northern Tanzania (Serengeti) Map – Nelles Culture Smart! Kenya – Jane Barsby
- Say it in Swahili – Sharifa Zawawi
- Africa, A Biography of the Continent – John Reader Kenya – Michael Poliza
- The Scramble for Africa – Thomas Pakenham A Primate's Memoir – Robert M. Sapolsky
- Born Wild, The Extraordinary Story of One Man's Passion for Africa – Tony Fitzjohn Dreams in a Time of War, A Childhood Memoir – Ngugiwa Thiong'o
- Facing Mount Kenya, The Tribal Life of the Kikuyu – Jomo Kenyatta I Dreamed of Africa – Kuki Gallman
- My Maasai Life, From Suburbia to Savannah – Robin Wiszowaty No Picnic on Mount Kenya – Felice Bennuzi
- One Day I Will Write About This Place, A Memoir – Binyavanga Wainaina Out of Africa- Isak Dinesen
- The Flame Trees of Thika – Elsbeth Huxley
- The Man-Eaters of Tsavo – John Henry Patterson The Shadow of Kilimanjaro – Rick Ridgeway
- The Tree Where Man Was Born – Peter Matthiessen
- Too Close to the Sun: The Audacious Life and Times of Denys Finch Hatton – Sara Wheeler
- A Guide to the Birds of East Africa, A Novel – Nicholas Drayson The Clouds Beneath the Sun – Mackenzie Ford

- The Constant Gardener – John Le Carre
- The Snows of Kilimanjaro – Ernest Hemingway Africa, The Serengeti – George Casey
- Born Free, A Lioness of Two Worlds – Joy Adamson
- Elephant Memories, Thirteen Years in the Life of an Elephant Family In the Dust of Kilimanjaro – David Western
- Kenya Safari Companion – Alain Pons
- Tall Blondes, A Book About Giraffes – Lynn Sherr African Wildlife – James Kavanaugh
- Birds of Kenya and Northern Tanzania – Dale Zimmerman, Donald Turner, David Pearson Kingdon Pocket Guide to African Mammals – Jonathan Kingdon

CONTACT DETAILS

COTTAR'S DETAILS (NAIROBI OFFICE AND CAMP)

Cottar's 1920's Safari Camps Ltd Cottar's Safari Service, since 1919

- P.O. Box 44191 – 00100, Nairobi, Kenya
- Office No.: +254 (0) 733 773 377/8 or +254 (0) 700 112 112
- Email: bookings@cottarsafaris.com
- Camp Number: +254 (0)716 346734
- Cottar's Airstrip GPS Coordinates: S01°41.016; E 35°20.989, Length 1.3kms
- Cottar's Camp GPS Coordinates: S 01°43.16; E 035°20.38

TOURIST EMERGENCY DETAILS

The Kenya Tourism Federation (KTF) assists tourists, tour companies, hotels and visitors, who may have queries about safety and security aspects of local national parks and other touristic locations in Kenya. In case you are travelling somewhere or wish to find out about a certain location, please feel free to contact them as follows:

- 24hrs Helpline: Nairobi +254 (0)722 745 645
- Fax: Nairobi +254 (0)20 600 4730
- Mobile No.: +254 (0)738 617 499
- Email: safetour@wanachi.com

EMBASSY EMERGENCY NUMBERS

- Australian – 020 427 7166 / 020 427 7160
- Belgian – 020 405 b2090
- British – 020 287 3000 / 020 2844 000
- Canadian – 020 366 3000
- French – 020 277 8000
- Germany – 020 426 2100 / 0727 667 474
- Italy – 020 224 7750 / 0731 077 555
- Netherlands – 020 428 8000 / 0727 594 727
- Portugal – 020 231 3203
- Spain – 020 272 0222 / 3 / 4 / 5
- Swiss – 0730 694 000 / 0721 838 569
- USA – 020 363 6000

ON SAFARI WITH COTTAR'S

If you have booked your safari through Cottar's Safari Service a Cottar's representative will be there to meet you at the airport before your safari begins.

When you are out on a safari our schedule is completely flexible. You are able to do exactly as you wish but we do recommend what we feel would be best. The best times for viewing animals are in the cool hours of the early morning and late afternoon.

Our usual routine will be to rise early to a cup of tea or coffee before leaving the camp. You will then either return for breakfast or have a "Bush Breakfast" and return to your tent or camp just before or in the heat of the day. Our guests usually have lunch in camp unless they are out for a full day's game drive, where they will have a picnic lunch. If you have stayed in the camp you are then able to go out again after tea in the afternoon. We generally offer dinner at the camp. Your guide will help you to plan your day, tell you about Kenya, our history, traditions, the area you are visiting, what you might see, he'll take you to the loveliest places, he will look after any formalities or negotiations with the local people and take care of your safety and comfort.

All our guides speak English, their tribal language is Kiswahili, the common language in Kenya. They are all proficient in bush craft, and can tell you about the animals, identify the birds and help you learn more about the world around you.

While at camp or within the Maasai Mara National Reserve:

- Please do not litter
- Please do not interfere with animal behavior
- Please do not get out of the vehicle without consulting your guide
- Please try to be as quiet as possible when viewing game up close
- Please do not encourage trade or give personal items away (this promotes begging)
- If you have brought gifts for the locals, ask your guide to hand them out for fair distribution

COMMUNICATION SERVICES AT CAMP

Telephone: The surrounds and within Cottar's 1920's Camp have limited mobile connectivity. A landline phone is available for limited use within the Camp office. Internet: We have limited wifi in the mess tent.

COMMUNICATIONS

The international access code for Kenya is +254. The outgoing code is 000 followed by the relevant country code (e.g. 00027 for South Africa), unless dialing Tanzania or Uganda when the outgoing codes are 007 or 006 respectively. City/area codes are in use, e.g. (0)41 for Mombasa and (0)20 for Nairobi. For international operator-assisted calls call 0196. All major urban areas are covered by the mobile network; the local mobile phone operators use GSM networks that have roaming agreements with most international mobile phone operators. Internet cafes are widely available in most towns and tourist areas.

VEHICLE

Your vehicle will be a specially equipped 4WD- safari vehicle not a 'pop top' minivan. Our vehicles are all comfortable, excellent for game viewing, equipped with VHF Radio and are prepared for any eventuality.

TIPPING

Tipping is not mandatory and is encouraged for only when you feel you have received good service. The recommended amount is \$5-20 per guest per day; personal tips are acceptable if you a certain member of staff has put in an extra effort to make you feel comfortable. \$25 per group is also acceptable for guides, who are normally tipped separately.

INFORMATION ON NAIROBI

MUSEUMS AND EDUCATIONAL CENTERS

NATIONAL MUSEUMS OF KENYA | OPEN (8.30 AM-5.30PM)

The National Museums of Kenya, Museum Hill, Westlands was founded by the East African Natural History Society (E.A.N.H.S) in 1910 and the society's main goal was to have a critical scientific examination of the natural attributes of the East African Habitat. It has throughout the years grown into an institution of both regional and international importance. The museum has become a leading center of excellence, housing finest museum collections and exhibits in the world. As a custodian of the country's national and cultural heritage, the principal mission of the National Museums of Kenya is to "collect document, preserve and enhance knowledge, appreciation, management and use of these resources for the benefit of Kenya and the world"

Entry Charges: Kshs 2000/- non-resident adult per visit.

Contact number: +254721308485

Email: publicrelations@museums.or.ke

KAREN BLIXEN MUSEUM | OPEN (8.30 AM-5.50PM)

"I had a farm in Africa at the foot of the Ngong Hills..."

The Karen Blixen Museum is about 30 minutes outside Nairobi and for those lovers of "out of Africa" the museum will help take you back in time to breath the spirit of the writer and the lives she immortalized. The museum originally built in 1912 was the home of the Danish author Baroness Karen Blixen and in 1986 it was converted into one of the national Museums of Kenya.

Non-Resident Adults - Kshs 2000.00 and Non-Resident Child - Kshs 600.00

Contact: 020- 8002139 or +254 736919321

E-Mail: karenblixen@museums.or.ke

THE NAIROBI SNAKE PARK | OPEN (8.30 AM-5.30PM)

The Nairobi snake park is not a snake park per se, in actual sense; it is a reptile park as it displays the representative from all the members of the reptile group. A visit to the National Museum is not complete without making a visit to the snake park situated in the same grounds.

Non-resident rate 2000KES adult and 600KES child

Contact: publicrelations@museums.or.ke or +254 721308485

THE GIRAFFE CENTER | OPEN (9.00 AM-5.00PM)

Situated just outside of Nairobi, this education center gives guests an opportunity to get up close and personal with Rothschild giraffes. The objective of the center is to provide free environmental education to the Kenyan youth and provide conservation for endangered species.

Entry Charges: - Kshs: - 1000 per non-resident per visit.

Contact: +254 20 8070804

DAPHNE SHELDRICKS ORPHANAGE & THE DAVID SHELDRICK WILDLIFE TRUST | OPEN (11.00 AM-12.00PM)
“A lifetime dedicated to the protection and preservation of Africa’s wilderness and its denizens, particularly endangered species such as elephants and black rhino”.

This is where Daphne Sheldrick has perfected the raisings and reintegrating of orphaned elephants into the wild. She is involved in many conservation projects across Kenya and has a great understanding of orphans. The David Sheldrick Wildlife trust is a small flexible charity, established in 1977 to honor the memory of a famous naturalist, the founder warden of Tsavo East National Park. It only opens to the public from 11.00 am until 12.00 daily.

NAIROBI NATIONAL PARK | OPEN (6.00AM-6.00PM)

Only few minutes from Nairobi, this park is as wild and eventful as any of the other game sanctuaries in Kenya. Though elephants are absent the rest of the big five can be found. Nairobi National Park is unique by being the only protected area in the world with a variety of animals close to a capital city.

Entry Charges: - USD: 7 non-resident

Contact: info@sheldrickwildlifetrust.org or +254 202301396 or +254 733891996

SPORTS (SPORT FACILITIES) IN NAIROBI GOLF COURSES

KAREN GOLF COURSE | OPEN (7.30AM-11.00PM)

Home of the Kenya open golf championship. A very scenic championship course next to the house of Karen Blixen- the author of “out of Africa”

Contact: +254 733 606950 or info@karen.or.ke

MUTHAIGA GOLF CLUB | OPEN (7.00AM-8.00PM)

Also home of the Kenya open golf championship- part of the European PGA. Past winners include Ballesteros, Woosnam and Canizaes. Near to Muthaiga Country Club.

Contact: +254 022326651/ 2 or info@mcc.co.ke

WINDSOR GOLF AND COUNTRY CLUB | OPEN (6.00AM-12.00PM)

An 18-hole golf courses, its boasts lush springy fairways, island greens attractive challenging water hazards and big beautiful American style bunkers.

Contact: +254 20 8647000

NGONG RACECOURSE GOLF CLUB | OPEN (8.30AM-5.00PM)

The newest edition to Nairobi’s golf courses. In the middle of Nairobi’s only race track.

Contact: +254 722414598 or +254 733777417

RACING AND POLO

NGONG RACE COURSE | OPEN (8.30AM-5.00PM)

Kenya has a well-developed equestrian culture. In Nairobi, racing is considered a popular sporting and social event. The Nairobi race calendar consists of at least 40 Sunday race meetings (August and September excluded), and public Holiday Races.

Contact: +254 722414598 or +254 733777417

NAIROBI POLO CLUB | OPEN WHEN THEY HAVE TOURNAMENTS AND ON WEEKENDS

Polo is still very popular in Nairobi. The Nairobi Polo Club is located off Ngong Road and has regular matches, often hosting international competitors from Britain, southern Africa, Europe and India.

Contact: +254 722512598 or www.polokenya.com

GYMS

There is an enormous selection of gyms in and around Nairobi, Please ask your Driver or Hotelier where the Closest one is, if you are interested. They will all allow daily Membership.

RECOMMENDED RESTAURANTS IN NAIROBI

Area: Karen/Langata/Ngong Rd (For Lunch and Dinner)

CARNIVORE | OPEN (11.00AM-11.00PM)

The Carnivore opened its doors in 1980 and is renowned as one of 'Africa's Greatest Eating Experience'. A large selection of meats including ostrich and crocodile together with excellent beef, pork, chicken is roasted over charcoal and carved at your table.

Delicious side dishes and an array of sauces complement this carnivore feast. The informal indoor & outdoor atmosphere, exceptional snacks and the pulsating rhythms of Africa combine to ensure an exciting ambiance. Note- they do offer good vegetarian options.

Contact: 0733611608 / 0722204648

TALISMAN | OPEN (8.00AM-10.00PM)

The Talisman is an elegant Gastrolounge with an eclectic twist. Described as "The best place in town" by New York Times Spirited Traveler and one of Kenya's top rated restaurants on TripAdvisor, The Talisman offers a myriad of experiences to our patrons. "The best place in town and the most happening place to see the local scene. With its low couches and beautiful gardens, the only thing needed to complete the scene is a Tusker or Dawa in hand" – O' Donnell – The Spirited Traveler, New York Times.

Contact: +254 705999997 or reservations@thetalismanrestaurant.com

HARU SUSHI | OPEN (12.00PM-10:00PM)

Has a welcoming atmosphere in a modern yet unpretentious design with a long sushi bar and main dining area. With an intimate and relaxed feel, it is a great place to go with friends to enjoy delicious Sushi, Sashimi and other Japanese dishes.

Contact: +254 720945400

THE TAMARIND | OPEN (7.30AM-10.30PM)

Is considered one of the Nairobi's top seafood restaurants. The sister restaurant is based in Mombasa. Fresh Fish and seafood are brought up from Mombasa everyday.

Contact: +254 719346349

TAMAMBO | OPEN (9.00AM-10.30PM)

Located in a beautiful peaceful setting near the Karen Blixen Museum the Tamambo restaurant is on the site of the original farmhouse which was the Blixen property. The menu is a fusion of Tamarind and Tamambo. Tamambo is a modern African brasserie that delivers friendly attentive service and delicious food whilst Tamarind is the leading fish restaurant in the country.

Contact: +254 719346349

OPEN HOUSE RESTAURANT | OPEN (12.00PM-10.00AM) AUTHENTIC INDIAN FOOD.

Contact: +254 725585175

Area: Lenana Road/Ngong Rd

THE MISONO | OPEN (12.00AM-3.30PM AND 6:30AM-11:30PM)

The Misono is Nairobi's finest Japanese restaurant. They have 2 private dining rooms, which are ideal for parties of 5 or more who like privacy.

Contact: +254 722 530204

MEDITERRANEO | OPEN (12.00PM-11.00AM)

Mediterraneo recently opened at the junction shopping mall and is proving to be one of the best Italian restaurants in Nairobi.

Contact: +254 203878608 or +254 734845077

OSTERIA DEL CHIANTI | OPEN (12.00AM-3.00PM AND 6:30AM-12:00PM)

One of the Nairobi's top Italian restaurants and a favorite with many of the Nairobi's residents situated 15 minutes from the city center.

Contact: +254 724277332

Area: Westlands

THE HAANDI | OPEN (12.00AM-3.00PM AND 6:30AM-10:30PM)

The Haandi is one of the top Indian Restaurants in the country. A perfect choice for anyone who enjoys authentic Indian Cuisine.

Contact: +254 20 8108493 or +254 733648294

MERCURY LOUNGE | OPEN (4.00PM-12.00AM)

Located in ABC Plaza in Westlands this is probably the best and most modern cocktail bar in Nairobi and serves.

Contact: +254 20 4442854

JIKO (TRIBE HOTEL) | OPEN (6.00AM - 12.00AM)

Jiko perfectly combines carefully grown local ingredients with specially international imports to create a unique contemporary menu, which reflects the warmth and personality of Kenya. The menu features grilled meats and vegetables, homemade pastas, breads, pastries and gelatos as well as a fine selection of wines.

Contact: +254 733730469

FURUSATO JAPANESE RESTAURANT | OPEN (12.30AM-3.00PM AND 6:30AM-11:00PM)
Japanese food.... great sushi... try their avocado and tuna starter salad. It is excellent.

Contact: +254 711222222

ZEN GARDEN | OPEN (8.00PM-12.00AM)

Zen Garden is the ultimate venue, captured in the scenic surroundings of Nairobi's Spring Valley. The sheer beauty of the location, uncompromised quality of food and high level of service, attracts customers to the restaurants and conference facilities available at Zen Garden. Specializing in Pan-Asian cuisine.

Contact: +254 20 803 4445 / 6 or +254 714 744 231

MEDITERRANEO RESTAURANT | OPEN (7.30AM-11.00PM)

Mediterraneo Restaurant opened at the Junction shopping mall and is proving to be one of the best Italian restaurants in Nairobi.

Contact; +254 733576630

Mombasa Road

SIERRA BRASSERIE | OPEN (11.00AM-12.00AM)

The first boutique brewery and restaurant in East and Central Africa. The interior design is cosmopolitan and the food is influenced by an assortment of cultures including Kenyan Traditional dishes.

Contact: +254 208068594

THE BIG FIVE RESTAURANT (OLE SERENI HOTEL) | OPEN (6.00AM-10.00PM)

The big five restaurant features 5 open-show kitchens serving Mongolian, Italian, Indian and Chinese Cuisine as well as grilled meats. Set on a 300 ft. long verandah, the restaurant not only provides great foods but also unrivalled views over the Nairobi National Park.

Contact: +254 732 191 000

LE PAMPA | OPEN (12.00AM-3.00PM AND 6:00AM-11:00PM)

Le pampa is new Brazilian restaurant in Nairobi, situated 10 minutes from the international airport. Le pampa is ideal for clients who want a hearty meal before departing connecting with their international flight.

Contact: +254 722131047

HAANDI HAVELI RESTAURANT | OPEN (12.30AM-3.00PM AND 6:30AM-10:30PM)

Located at the capital center-shopping complex on Mombasa Road, Haveli specializes in authentic Indian cuisine.

Contact: +254 736651933 or +254 202597823

TRATTORIA | OPEN (7.30AM-12.00PM)

Located within the City Centre of the Kenyan capital Nairobi, Trattoria specializes in traditional Italian cuisine at its finest.

Contact: +254 20 2240205

NAIROBI GIFT SHOPS AND SHOPPING MALLS

MAASAI MARKET | OPEN (9.00AM-6.00PM)

- Tuesday at Westgate Mall
- Wednesday at Capital Center
- Thursday at The Junction
- Friday at The Village Market
- Saturday at The Galleria
- Sunday at Yaya Center

The Maasai market is one of the most famous markets in Kenya. Curios, paintings, drawings, African garments, jewelry and carvings are some of the items to be found on these markets. With a distinct quality of being hand- made in Kenya by local artisans, these items are sold at a fair price. Shopping at the Maasai market provides a great experience for souvenir hunters.

Area: Karen/Langata/Ngong Rd

HOUSE OF TREASURES | OPEN (8.30AM-5.30PM)

House of treasures really as it sounds it is full of: Very good quality and tasteful; local artifacts (from antique furniture to coconut ice boxes) As well as fabulous products from India and Bali

Contact: +254 20 3883224

KAZURI BEADS | OPEN (8.00AM-5.00PM)

Handmade hand painted ceramic jewelry made in Nairobi. Every bead is shaped by hand by one of the 200 local women employed by Kazuri. Kazuri also offers a fantastic tour to visitors. They also do lovely pottery.

Contact: +254 20 2328905 /6

KAREN SHOPPING CENTRE | OPEN (9.00AM-6.00PM)

All necessary items (a chemist, Supermarket, Kodak, gift shops, riding, accessories shop, banks, travel agent etc.

LAPIGEMS | OPEN (9.00AM-5.30PM)

Authentic and licensed top of the range gem dealer. Unset gems as well as setting and designing jewelry.

Contact: +254 20 2641700

LANGATA LINK SHOPS | OPEN (9.00AM-5.00PM)

No trip to Kenya is complete without picking up some of the beautiful handicrafts available here. One of the best places to find these is at Langata Link – a house in the leafy suburb of Karen where every room has been turned into a different shop. They have everything here from bags made out of colourful Kenyan kanga material to delicate jewellery, rustic khaki luggage and pretty pottery. In the centre of the shop there's also a lovely café, great for a pit stop after all that tiring spending you'll be doing.

MAASAI COLLECTIONS | OPEN (9.30AM-4.30PM)

Contains a selection of numerous top designer products including Maasai collections-Maasai inspired jewelry furniture and clothes. Penny winter clothes-top fashion, handmade items.

MARULA STUDIOS | OPEN (9.00AM-5.00PM)

Contains a selection of Kenyan businesses including clothes made from Kangas beadwork etc.

Contact: +254 726 248774

MATT BRONZE | OPEN (8.00AM-5.00PM)

A selection of handmade bronze gifts from very tasteful animal footprint ashtrays to bronze sculptures.

Contact: +254 721 762855

SANDSTORM AFRICA | OPEN (8.00AM-6.00PM)

Export quality suede, leather and canvas bags and briefcases-weekend bags, overnight, handbags etc.
Safari Equipment

Contact: +254 20 3877380

RHINO LEISURE & SAFARI | OPEN (9.00AM-5.00PM)

All camping equipment and accessories from tents to camouflage ointments

Contact: +254 722567257

THE CROSSROADS, KAREN | OPEN (9.00AM-6.00PM)

A shopping mall with a selection of restaurants and shops such as Nakumatt Supermarket Sally Dudmesh-traditional Indian jewelry and clothes Ideas-Home furnishing A chemist, phone shop etc.

UTAMADUNI | OPEN (9.30AM-6.00PM)

Utamaduni means 'Cultural Heritage' and is a converted house containing (about 15) arts and crafts shops including African coffee table bookshop Antique African Silver and Gold jewelry Crafts made by ex- Nairobi street children etc. There is a good selection of good and the prices are fixed. There is a small cafe on site

Contact: +254 722 205028

ROBERT GLEN GALLERY | OPEN EVERYDAY BY APPOINTMENT

Bronze sculptures of wildlife birds and people, world-renowned sculptor, Robert Glen lives in Ruaha National Park, Tanzania where he sculpts the wildlife, birds and the people living around him. This gallery in Langata shows Roberts latest works.

Contact: +254 20 891065

THE JUNCTION | OPEN (10.00AM-6.00PM)

The Junction opened in July 2005 and has become one of the social hubs of Nairobi. Home to a selection of restaurants, cinemas, a great coffee shop and boutique shops such as: Kitengela Glass-Unique hand blown glassware, Kikoy Company- Traditional Kenyan Sarongs...and Clothes out of the same materials. Gem essence-Unique jewelry using Africa's precious and semi precious stones Linda Camm- Leather with beadwork (accessories & clothes) designer Books & Music Shop Excellent

TOMOHOOGANY | OPEN (10.00AM-6.00PM)

A very reasonable small home-based woodwork shop selling items made from cedar, coffee bushes, Rosewood etc. Cheese board & utensils Chopping Board/Salad bowls

Area: Westlands

BLUE RHINO | OPEN (9.00AM-5.30PM)

A small Gift shop with maps glasses. Shoes, gift cards etc.

THE SARIT CENTRE | OPEN (8.30AM-6.00PM)

A shopping mall situated 20 minutes from the city Centre the Sarit Nairobi Second Largest shopping Mall. There is a range of shops including Banana Box- An arts and crafts Shop Indian and African furniture Jaffs Opticians very reasonable and well-stocked sunglass shop. Carpets Persia, Afghanistan, South African clothes stores-woolworth's and true worth Plants & pets stores The mall also has a large food court and 3 cinemas.

THE TRIANGLE MARKET | OPEN (9.00AM-5.00PM)

A market consisting of over 100 stores each individually owned. They are stocked with: Antique and Replica smaller furniture (i.e. stools) Traditional sarongs-Kanga's and Kikoys Batiks Traditional Kenya Copper and or/ beaded jewelry Woodwork

THE SPINNERS WEB | OPEN (9.00AM-6.00PM)

A large double story shop stocking all locally produced products including: Woodwork, pottery, jewelry and furniture.

Contact: +254 20 2072629 or +254 731168996

Area: Gigiri

VILLAGE MARKET | OPEN (9.00AM-6.00PM)

One of the nicest Malls in Nairobi with Good clothes, shoe shops, restaurants etc.

Thank you for choosing Cottar's Safari Service and we hope you have a lovely holiday.

